

Our Lady of Lourdes Catholic School

Introduces NEW Lunch Options

For: 5th - 8th Grade Students

\$\$ SALES \$\$

- Students MUST use their lunch card to make purchases.
- A la carte is a separate program in addition to the lunch program. All students can participate regardless of their eligibility status; however all must have a **positive balance** in their account in order to purchase a la carte
- **Item limits** are to be set by parents with your students

NUTRITIONAL INFORMATION

All available items meet the federal standards for nutrition in schools, and are Smart Snack compliant.

*Smart Snack compliant means products sold meet healthy limits for calories, fat, sodium, and sugar



A LA CARTE



Available
January 13th

ALLERGIES?

Please know certain a la carte items are manufactured in a facility that also processes products that contain peanuts, tree nuts, milk, eggs, soy, and wheat.

QUESTIONS?

Please contact the GRACE Food Service Department with any questions you may have:

jhurley@gracesystem.org

MENU ITEMS

FRUIT (\$ 0.50)

- Apples
- Oranges
- Bananas

CRACKERS/SNACKS (\$ 0.75)

- Cheez-Its
- Benefit Bars
- Fruit Snacks
- Sunflower Seeds

CHIPS/PRETZELS (\$ 0.85)

- Lays Baked Potato Chips
- Cool Ranch Doritos
- Nacho Cheese Doritos
- Heartzel Pretzels
- White Cheddar Popcorn

CEREAL/BARS (\$ 0.85)

- Trix
 - Cocoa Puffs
 - Cinnamon Toast Crunch
 - Apple Jacks
 - Golden Grahams Bar
- (all cereals are reduced sugar)*

COOKIES (\$ 1.00)

- Hershey's Triple Chocolate
- Confetti Cake